

EXCLUSIVE INVITATION

Nocturia & Sleep: Exposing the dangers lurking in the dark

14 May 2024 (Tuesday)
7.30pm-8.30pm SGT (GMT+8)



Prof. Karel Everaert
Uro-gynecology
Chair of NOPIA research group
Ghent University
Belgium



Prof. Donald Bliwise
Professor of Neurology
School of Medicine
Emory University
USA



Assoc. Prof. Kazumasa Torimoto
Head of Department
Department of Urology
Nara Prefecture General Medical Center
Japan

Synopsis

Nocturia, a very prevalent but under-reported disease, affects sleep quality, productivity and daytime quality of life.¹ It is estimated that the loss of work productivity due to Nocturia can result in significant GDP impact of up to 0.26%.²

Inadequate treatment of nocturia aggravates sleep disruptions, amplifying disease burden, associated with increased mortality risks and lower life expectancy. Sleep disruptions associated with Nocturia in particular, are considered to be dissatisfactory in >50% of patients and has been shown to be associated with lower life expectancy in both men & women.^{3,4}

In this webinar, renowned experts from Europe, US and Japan will shed light on practice modalities that can reduce the associated burden from nocturia induced sleep disorders.

1. Rudd Bosch et al J urol 2022 Jul 208(1):144-154 2. RAND Europe Nocturia Survey 2019. Available at: <https://www.rand.org/randeurope/research/projects/nocturia-effects-on-health-and-productivity.html>.
3. Everaert K, et al. Int J Clin Prac 2018; 72:e13091 4. Li H, et al. J Am Coll Cardiol 2023; 81:1675

AGENDA

5 min	Introduction & welcome	Prof. Karel Everaert
20 min	Nocturia and Sleep Disorder: what comes first?	Prof. Donald Bliwise
20 min	Nocturia, sleep quality and daytime quality of life: Evidence from Japan	Assoc. Prof. Kazumasa Torimoto
10 min	Q & A	All
5 min	Closing	Prof. Karel Everaert

REGISTER NOW

